

ASTHMA

MANAGING RESIDENTS WITH ASTHMA

MONITOR SYMPTOMS

Common Symptoms

- Tight feeling in chest
- Shortness of breath
- Cough
- Wheezing



LPN/RN Role

Evaluate and report symptoms to provider so further treatment can be provided.

CONTROL TRIGGERS

Common Triggers

- Allergies
- Strong Odors/Fumes
- Medications:
 - NSAIDs
 - Beta-blockers
- Stress/Anxiety
- Infection
- Acid Reflux



LPN/RN Role

Identify resident's triggers and decrease exposure to triggers if possible.

DRUG THERAPY

Common Drugs

Quick Relief

- Short-acting Bronchodilators

Maintenance

- Inhaled Corticosteroids
- Anti-Leukotriene Agents
- Long-acting Bronchodilators



LPN/RN Role

Provide prescribed medications and document which are most effective for resident.